

The Sulthar Scoop

3015 Peppercorn Dr.
Euless, TX 76039
817-803-3393
972-853-8763



www.sultharproperties.com

Welcome to our new tenants:

- Pam and John P.
- David and Michelle M.
- Gerardo C. and Family
- Kathi L.
- Marc and Mandy P.
- Safiya R. and Family

Reminders:

- Rent is due on the 1st day of each month
- Late fees are assessed if rent is not received on or before the 3rd
- Rent payments must be made by money order or cashier's check
- Mailing address:
3015 Peppercorn Dr.
Euless, TX 76039-4141

* If your lease states anything different, please continue to follow that.

Leaving Home Safe and Sound

Vacation season is finally here! If a trip away from home is in your plans, remember these tips to keep your home safe and secure while you are gone.

- Suspend regular deliveries. This includes newspapers, milk and diaper service deliveries. Ask the post office to hold your mail until you return and notify UPS if you are expecting a package.
- Set timers on lights and radios. Choose timers tested for safety. You can create the illusion that you're at home by setting the timers to turn lights on and off in different areas of your home throughout the evening. If you choose to leave a radio on, please lower the volume so that it cannot be heard from
- Ask neighbors to watch out. People you know and trust can often be your best defense. Inform your neighbors if you will be gone for an extended period of time.
- Securely lock all doors and windows. Did you know that in almost half of all completed residential burglaries, thieves simply breezed in through unlocked doors or crawled through unlocked windows? And don't forget to secure any vehicles you leave behind.
- Leave curtains and blinds in their normal positions. If you are concerned about leaving blinds or curtains open on the nights that you are away from home, leave them closed. It is more common

to have closed blinds during the day than to have them open at night.



- Unplug countertop appliances, home entertainment equipment and computer equipment. To prevent a fire hazard, coffee makers, toasters, hair dryers and irons should be left unplugged. Unplug all TVs, VCRs and computers to protect against power surges in the event of a power outage.

Saving Money on Travel

Summer vacations are just around the corner. These tips will help you save some money as you hit the road.

Travel in the off-season or on off-peak days (not weekends).

If flying, watch for deals on tickets and be ready to buy them right away.

Always ask for the lowest rate available for airfare, hotels, or car rentals.



Be wary of hidden charges. Room taxes, in-room movies, and long distance charges can add up.

If driving, tune up your car before you go, to help avoid expensive

repair bills.

Stay in out of the way places.

Pack your own picnic and keep a cooler in the car with beverages and snacks.

Look for free attractions.

Check the Visitors' Bureau or local Chamber of Commerce for information on inexpensive attractions and to get discount coupons.



Thomas & Friends

If you're looking for some fun and excitement in the Dallas Fort Worth area, here is a list of some of the biggest, and best events, festivals and shows that the Dallas, Fort Worth area has to offer.



**OUTDOOR SUMMER
MUSIC FESTIVAL
FIREWORKS EVERY
NIGHT!**

Dallas Fort Worth Calendar of Events

Jun. 1 - Aug. 21, 2009 - Summer Day Camps (Colleyville, TX)

9am-4:30pm with extended hours offered from 7am - 6pm for an additional fee. \$200 per camper, fee includes supplies, snacks, and drinks. Campers bring their lunch Monday through Thursday, and \$5 on Friday for the Pizza Party. Activities include (weather permitting) archery, target shooting, fishing, kayaking, swimming in the lake, craft projects, nature walks, outdoor games, and more! For more information and to register, call 972-741-9169 or visit them online at www.adventuredaycamps.com

Jun. 2 & 3, 2009 - Thomas & Friends (Grand Prairie, TX)

At the Nokia Theatre in Grand Prairie Thomas & Friends will be appearing June 2nd and 3rd. Following Thomas & Friends' successful North American tour in 2007, AEG ThemeSTAR and HIT Entertainment are pleased to present an all new, live musical adventure: Thomas Live! A Circus Comes to Town. When Thomas makes a big mistake, all the engines on the Island of Sodor must work together to prepare for the exciting event under the Big Top, and, Thomas must prove he's a really useful engine once again. With thrilling adventures along the way, Percy, James, Gordon, and of course, Thomas, join with Sir Topham Hatt and the townspeople from the Island of Sodor, to welcome a colorful cast of circus performers in an engaging story that demonstrates the importance of friendship and cooperation. See www.thomasandfriends.com or www.nokiatheatredfw.com for show times and ticket information.

Jun. 4 - 6, 2009 - 13th Annual Great American Scrapbook Convention (Arlington, TX)

Looking for a three-day getaway to reconnect with friends, learn new skills, recharge your batteries and get inspired by the creativity of thousands of other scrapbookers? Join us in beautiful Arlington, Texas, this summer for a scrapbooking event like no other. For details on this event, please visit www.greatamericanscrapbook.com

Jun. 5 - July 5, 2009 - 19th annual Concerts In The Garden (Fort Worth, TX)

Described as "Fort Worth's best seasonal outing!" (Star-Telegram), the 19th annual Concerts In The Garden Summer Music Festival offers 16 nights of outdoor concerts, June 5 through July 5, at the Fort Worth Botanic Garden located on University Drive and Interstate 30. This series offers a variety of music for every taste, from Elvis to the Eagles to Tchaikovsky's explosive 1812 Overture, plus fabulous fireworks every night and three nights of Old-Fashioned Family Fireworks Picnic on July 2, 3 and 4! Tickets are on sale now at www.fwsymphony.org or by calling 817-665-6000. The festival features outdoor performances in a casual setting. Bring a picnic and relax on a blanket under the stars or reserve your own table for added comfort. Patrons may bring their own refreshments or purchase light refreshments on site. Then it's time to relax and enjoy Texas' best music surrounded by the lush beauty of the Botanic Garden!

Jun. 6, 2009 - 19th Annual Komen North Texas Race for the Cure (Plano, TX)

This year's race will be held on June 6, 2009 and once again will be at the beautiful headquarters campus of EDS, an HP Company - our Local Presenting Sponsor. The Komen North Texas Race for the Cure is a 5K run/walk and a one-mile family fun run organized by a committee of volunteers for the North Texas Affiliate of Susan G. Komen for the Cure®. It is a fun, festive event, but more importantly, it is a race for life. Breast cancer affects all of us so grab a friend and join us in fight against breast cancer at the 19th annual Komen North Texas Race for the Cure on June 6, 2009 For more information, please visit us online at www.komennorthtexas.org

Jun. 8 - 13, 2009 - Dublin Dr Pepper 118th Birthday Celebration (Dublin, TX)

Mark your calendars now...June 13, 2009, the oldest Dr Pepper bottling plant in the world located in Dublin, Texas will celebrate its 118th Birthday. And this year's celebration will be "There's No Place Like Home". Come join the Land of Oz. This year's celebration actually begins on Monday, June 8 when for one week the Dublin city limit signs are changed to Dr Pepper, Texas. Friday night, Alleyfest will kick off with only the best in arts and crafts displayed in Hogan's Alley. But early Saturday is when the real fun begins starting with the 10-2-4k runs. The 10-2-4k run is a charity run with all proceeds going to the Lions Club charities. After the run award ceremonies, there will be plenty of entertainment to fill the rest of the day. Visitors will be treated to free Dublin Dr Pepper and free tours of the bottling plant and museum all day long. All carnival games and food booths are run by charitable organizations, and all money raised during the birthday will go to charity. And of course, everyone will share in Dublin Dr Pepper's huge 118th birthday cake. For more information, please visit www.dublindrpepper.com

Jun. 12 - 14, 2009 - 34th Annual Antique Auto Swap Meet (Grand Prairie, TX)

If it's on wheels, or ever was, there is a good chance you'll find it at the 34th Annual Auto Swap Meet on Friday, Saturday, and Sunday, June 12 - 14, 2009 at Traders Village in Grand Prairie. Car buffs can browse through over 650 spaces occupied by collectors and vendors from across the United States Acres of cars, parts, accessories and memorabilia items will be displayed and there will be 'FREE PARTS HAULING'. Buyers can find everything from vintage Model T Fords to finned classics from the 1950's to British sports cars to Detroit, "muscle cars". Many will be in mint condition ready to drive away, while others will be "handyman specials" that need repairs. www.tradersvillage.com

The Hidden Dangers of Over-the-Counter Drugs

Just because non-prescription drugs are available to anyone doesn't mean that they are harmless. Often over-the-counter medications are simply lower doses of regular prescription medication, with the same side effects and cautions that are associated with the higher doses. Without some care, non-prescription medications can cause harm instead of helping. To ensure that you and your family are safe, keep these guidelines in mind next time you make a trip to the drugstore.

As a general rule, do not consume alcohol when using any medication. Some medications can induce drowsiness, which is made worse with alcohol. And some drugs, like Tylenol, can cause liver damage if used long-term by regular drinkers.

Do not mix medications without asking the advice of your physician or pharmacist. There are risks when taking some types of over-the-counter medication with other drugs. Because many people don't really consider over-the-

counter products as true drugs, they don't consider the risks they might pose in certain circumstances. Don't forget that antacids, laxatives, and diet aids are also considered drugs and should be taken with the same precautions.

If you have any underlying medical condition, such as high blood pressure, heart disease, depression, glaucoma, diabetes, or any other condition you are receiving treatment for, talk to your physician before taking any type of medication. Diabetics may develop problems simply because many medications are coated in sugar or contain high levels of sugar, like cough syrup. Pregnant or nursing women should check with their doctor first before taking any type of medication.

Read the labels carefully. Take only the recommended dose. Many people get into trouble when they take too much of a drug they think is harmless. The drug itself may be completely safe when

taken as directed, but can become toxic when even a small overdose is taken. Do not take any medication for longer than is recommended.

Often prescription and non-prescription drugs may contain the same ingredients, and when taken together, constitute an overdose of that drug. For example, a person taking an allergy medication may receive too high a dose of antihistamines if they also take some common cough and cold products. Aspirin taken with prescription blood thinners can lead to difficulties in the bleeding process.

Pay special attention to herbal remedies. Although many are very safe, some can be life threatening when taken with other drugs or used incorrectly. Check with your doctor or pharmacist first to be sure.



At the height of the space race during the 1960's, NASA took on the arduous job of finding a way to write in space. Normal pens wouldn't work due to the zero gravity the astronauts would face in the space capsules. So scientists embarked on a way to solve the problem. They came up with the Astronaut Pen, after months of research and development, and at a cost of about \$1 million.

The Soviet Union also faced the task of writing in space. To solve this weighty problem, they used a pencil.

How to Protect Your Bank Account

Checking account theft is now second only to credit card theft. How do thieves get your checking account information? There are several ways. They steal your outgoing mail, taking checks you've written, soak off the ink, and rewrite them. They steal your wallet and obtain information and credit cards that way. Fake ATM machines can be set up to record your account number and PIN. You could be hit by an inside job when a bank employee steals your account information.

But increasingly, these thieves are going online. Around 45 percent of adults with Internet access use the Web to bank or pay bills. Among those whose checking accounts had been raided, 70 percent

were online finance users.

There are some things you can do to protect yourself from online fraud and scams. Never use a public computer or wireless "hot spot" for financial transactions. Be sure that your internet web browser has the security options set to high. Use a credit card rather than a debit card when making online purchases.

Also, remember to monitor your bank account carefully and often. If you see a debit that you can't remember making, be sure to alert your bank. The sooner you report a problem, the better—after 60 days, the bank may be under no legal obligation to provide a refund.

Keep your virus software up-to-date and run frequent scans of your computer. Blocking pop-ups will prevent some malicious software from being installed on your computer without your knowledge. Also be suspicious of any emails purporting to come from your financial institution, especially if they ask for your account information or password. Contact your bank directly instead of responding to the email.

